

Parents & Students!



What If You Could Create a Perfect

STUDY PLANNER

With Realistic Goals & Milestones

Without Having

To Search **Google**

Over 20,00,000+ Results &

Multiple AI Platforms?

**What is Covered
in this eBook?**



10-Tips for Setting Realistic GOALS with Examples

7-Instructions for Setting & Meeting MILESTONES with Examples

10-Benefits of ACHIEVING Realistic Goals & Milestones

5-Tips to Prepare an Adaptable Study SCHEDULE

2-Samples of STUDY SCHEDULE for Weekdays & Weekends

15-Factors for YEAR LONG Plan

5-TRAITS Year Long Plan Should Have

15-Strategies to Manage WEAK Subjects

15-Steps to Manage BOTH School & Coaching Center Syllabus

12-Benefits of Participating in OLYMPIADS

10-Factors in Selecting RIGHT SET of Entrance Exams in 12th Grade

15-Recommended BOOK Publishers for School Students with Tips

BONUS: 20-Secrets of TOP RANKERS in School & Entrance Exams

EduJob360

A Ready Reference eBook for SCHOOL Students

2.50 Crore+ Students Complete Class 12 Every Year. Only an Estimated 1-2% May Reach India's Most Selective UG Institutions. **The Missing Link: Strategic Goal Setting.**

Dear Parents / Students,

The primary reason why "**Study Planner**" is crucial for students is because of the particular requirements of the Indian educational system, which heavily emphasizes academic achievement.

No matter what grade a student is in, "Study Planner" is an important tool for making clear goals and reaching milestones that show progress in school or life. Milestones are important times of growth, accomplishment, or change for students, but they can be different **based on the Student's age, level of education, and personal goals.**

Setting goals and reaching milestones go hand in hand and should be used together to help students succeed.

Parents & Students should be aware that EACH YEAR around:

- 1) **2.50 Crore+** students from various boards complete the 12th Grade.
- 2) **20.00 Lac+** students appear for MEDICAL Entrance Exams.
- 3) **15.00 Lac+** students appear for ENGINEERING Entrance Exams.
- 4) **10.00 Lac+** students appear for the CUET Exam for ARTS/HUMANITIES courses.
- 5) **40+ LAW Entrance exams** are conducted for **1700 law colleges** in India.
- 6) **13.00+ Lac** Indian students pursue their education ABROAD.

Nevertheless, **ONLY 1-2% of students** can get admission into reputable/top-ranked universities/colleges as a result of a lack of goal-setting, failure to meet milestones within the designated time frame, poor academic performance, and a failure to cultivate logical, analytical, and critical thinking skills.

This can result in **FINANCIAL LOSSES for parents if their children are unable to** satisfy the scholarship eligibility requirements when they apply to Coaching Centres, Colleges, or Universities abroad **(or)** the students are not able to get admission into any reputed Institution & stream.

This eBook helps students to:

- (1) **Set goals ahead of time**
- (2) **Establish milestones**
- (3) **Consider the short and long-term benefits of setting and achieving goals and milestones.**
- (4) **Create a flexible daily schedule**
- (5) **Use a year-long planner**
- (6) **Take steps to manage weak subjects**
- (7) **Manage school and tuition/coaching center syllabuses.**
- (8) **Choose the right set of exams in school and outside.**
- (9) **Know the recommended books to prepare for exams**
- (10) **Know the strategies of Top Rankers in School & Entrance Exams**

SETTING REALISTIC GOALS

Setting realistic goals **helps** students manage academic pressure, gain confidence, and achieve long-term growth. Realistic goals also keep kids motivated, engaged, and resilient, promoting a pleasant learning environment and preparing them for future success. Encouraging realistic goal-setting also creates a good balance between ambition and well-being, which is critical in India's competitive educational scene.

Here are some **GUIDELINES** to help students develop realistic goals:

- 1) Identifying strengths and areas for improvement can help students set demanding yet achievable objectives.

For example, “How can I improve my logical reasoning and analytical skills with speed and accuracy?” Possessing/improving this skill is useful to children **from the age of four until they enter the workforce, and even later.**

- 2) Setting clear goals helps students understand what they are working towards and how to attain them.

Setting precise goals encourages them to plan and prepare for them. *For Example*, 'seeking to improve Mathematics marks by 10% in the next exam'

- 3) Goals should be 'measurable' to track student's progress and improvement over time.

For example, whether a student is preparing for a board exam or an entrance exam, breaking it down into weekly study goals will make it easier to track progress.

- 4) Ensuring the aim aligns with the student's long-term academic and career goals.

For example, if a student aspires to be a 'Scientist', he or she should concentrate on developing his or her understanding of science subjects.

- 5) Setting 'Time-bound' Goals (both short and long-term) with deadlines and timeliness will instill urgency and focus.

Setting a goal, *for example*, to finish reading a book by the end of the month that will help students in their careers.

- 6) Setting flexible goals can assist changes in circumstances. Adjusting the target, based on experience, will ensure ongoing progress.

For example, if a student who prepares for medical entrance tests develops MORE interest in research studies, he or she can prepare or focus more on entrance exams for admission to research-based programs such as BS-MS. However, it is advisable to make a definite decision in advance, at least by the end of the 10th Grade.

- 7) Seeking 'Guidance & Support' from parents, teachers, and career counselors can help set realistic expectations. Working with friends who share similar aims can be inspiring.

An Example Illustrative of Realistic **SMART** Goal Setting for Enhancement of Performance in MATHS Subject:

- **Specific** : Raise the Maths mark percentage from 80% to 90%.
- **Measurable** : Every day complete or memorize 10 Maths formulae.
- **Achievable** : Attend one extra Maths session each week and daily review/practice the Math skills.
- **Relevant** : Maths Subject is vital for the students hoping for a top-ranked Engineering College where the Merit List is produced based on highest marks in Maths, followed by Physics and then Chemistry.
- **Time-bound** : Reaching the annual exam target score in School as well as the Engineering Entrance Exam.

SETTING & MEETING MILESTONES

Establishing milestones for Students in school means setting distinct, attainable indicators that help monitor progress toward broader academic or personal objectives.

Milestones serve as vital markers that direct students along their path, guaranteeing consistent advancement while maintaining their motivation.

Below are a series of instructions:

- 1) Students should have a clear objective, which may encompass enhancing academic achievement, excelling in a certain subject, or acquiring a new talent.

For instance, the objective could be to achieve a score of over 95% in the final examinations.

- 2) Every milestone must possess a distinct and unambiguous aim.

For instance, finishing all the activities in Chapter 6 of the Math textbook before the end of this week.

- 3) Breaking down the main objective into immediate (weekly or monthly) and distant (semester or academic term) milestones with specified dates will facilitate the timely completion of work.

- 4) Nevertheless, parents and children should establish attainable goals that are grounded in the students' current talents and interests in order to prevent feelings of discouragement and exhaustion. Commencing with more elementary benchmarks and progressively elevating the level of complexity will be beneficial.

For instance, if a student encounters difficulties with multiplication, committing to memorize one multiplication table per day over a span of 20 days will prove highly beneficial in both the immediate and far future.

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- 5) Students should ensure that their milestones are quantifiable and monitor their progress to assess their advancement towards their objective.
- 6) Skill development or personal growth can be achieved by activities such as time management, enhancing logical, analytical, and critical thinking abilities, and engaging in extracurricular pursuits such as athletics, yoga, martial arts, music, chess, and dance.
- 7) Parents should cultivate greater self-assurance in their children by providing positive reinforcement or minor incentives once they have successfully reached their developmental milestones.

Benefits of setting and achieving goals/milestones both in the short and long terms

- 1) Give explicit guidance with the establishment of priorities.
- 2) Enhance motivation through a clear sense of purpose and heightened involvement.
- 3) Develop self-discipline & responsibility through the acquisition of time management skills.
- 4) Enhance confidence and self-esteem via the triumph over obstacles.
- 5) Foster a culture of strategic foresight and ongoing enhancement by promoting long-term planning and a clear vision for the future.
- 6) Improve academic performance through focused efforts and tracking progress.
- 7) Accelerate personal growth through emotional maturation and the enhancement of skills.
- 8) Encourage the development of decision-making abilities.
- 9) Enhance logical, analytical, and critical thinking abilities as well.
- 10) **The most crucial aspect** is that parents can significantly **reduce their expenses** by securing scholarships or gaining admission to highly esteemed colleges for their children after completing the **12th standard**.

ADAPTABLE DAILY TIMETABLE FOR STUDENTS

An organized and carefully planned daily timetable assists students in effectively handling their academic obligations while also promoting a well-rounded and healthy lifestyle.

Several important factors to consider while aiming for a flexible daily schedule:

- Modifying the timetable **to accommodate** the individual requirements of the student, such as allocating additional or reduced study hours based on the topics and workload.
- Adhering to a **flexible plan** to allow changes such as allocating extra time for studying before tests, fulfilling family obligations, and attending school events.
- Maintaining a **healthy balance** between academic responsibilities, extracurricular engagements, relaxation, and leisure activities to avoid exhaustion and mental fatigue.
- Incorporating **brief intervals** between study sessions to sustain concentration and prevent exhaustion. *For instance*, engaging in a study session lasting 45 minutes and interspersing it with a 5-10 minute break will enhance productivity, as opposed to studying continuously for over an hour.
- Ensuring **consistent meals**, engaging in physical activity, and obtaining adequate sleep are essential for both overall well-being and academic achievement.

Below is a **Sample Study Planner** that can assist students in creating their own timetable, taking into account the timing of school, tuition, coaching centers, extracurricular activities, and physical activities.

Daily Schedule

5.30 to 6.00 AM	Waking up and freshening up
6.00 to 6.30 AM	Physical Exercise or Yoga or Meditation (to boost energy and concentration) (or) Can study for half-an-hour
6.30 to 7.00 AM	Breakfast & Getting Ready for School
7.30 AM to 4.30 PM	School (if the student reaches home early, the following schedule can be adjusted accordingly)
4.30 to 5.30 PM	Relaxation
5.30 to 6.30 PM	Sports or Physical Activity (this will boost concentration power before Start studying in the evening)
6.45 till 10.00 PM	Study Time. <i>(As mentioned earlier, studying for 35-45 minutes and taking a break of 5-10 minutes to get maximum output)</i>

To ensure optimal health and cognitive function, students should **sleep** a minimum of 7-hours and a maximum of 9-hours

Sample Schedule for Saturday & Sunday

7.00 to 7.30 AM	Waking up & freshening Up
7.30 to 8.00 AM	Physical Exercise or Yoga or Meditation (To boost energy & focus)
8.00 to 8.30 AM	Breakfast
8.30 to 10.30 AM	(Study-Session-1) To focus on difficult subjects or topics <i>(Rule of 45-minute Study & 10-minute Break to Follow)</i>
10.30 to 11.00 AM	Relaxing or Playing or Involving in any activity to refresh the mind.
11.00 to 1.00 PM	(Study-Session-2) To focus on Homework and assignments <i>(Rule of 45-minute Study & 10-Minute Break to Follow)</i>
1.00 to 3.00 PM	Lunch Relaxation Sleep
3.00 to 5.00 PM	Engaging in hobbies/leisure activities/spending time with family.
5.00 to 6.00 PM	Play Time
6.15 to 9.30 PM	(Study-Session-3) (Revision and practice)

- Revise the topics covered during the week and practice problems or exercises.
- Practice also previous exam papers/sample questions if exams approaching.
- Preparing own short-notes for revision will be highly useful in the long-run also.

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Year-Long Plan

- | | |
|--------------------------|--|
| April to June | <ul style="list-style-type: none"> (a) Students are encouraged to spend their time engaging in leisurely and enjoyable activities (sports, extracurricular activities, or dedicating 3-4 hours every day to relaxation. Alternatively, if students are on year-end breaks, they may also choose to go on a travel excursion for a few days. (b) Students can have the opportunity to participate in summer camps, where they can acquire new skills or engage in activities according to their interests. (c) Cultivating a habit of reading books outside of the prescribed curriculum. (d) It is strongly recommended to set new goals and become familiar with the syllabus for the upcoming academic year if it begins within the next 20-30 days. |
| July to September | <ul style="list-style-type: none"> (a) It is important to adhere strictly to the study schedule. (b) Actively participating in classes and promptly completing assignments for both school and coaching center. (c) Participating in practice exams, evaluating comprehension, and finding areas for improvement in performance. (d) Adequately preparing for class examinations and mid-term exams. (e) Maintain involvement in extracurricular activities to achieve a well-rounded approach to school life. |
| October to March | <ul style="list-style-type: none"> (a) Celebrating the holiday season (Diwali/Durga Puja/Christmas etc.) (b) Assessing academic progress and modifying study strategies accordingly. (c) Concentrating on enhancing subjects in which students may be encountering difficulties. (d) Enjoying winter break while simultaneously while simultaneously being engaged with academic work. (e) Devoting complete attention to achieving high scores in class tests and mock tests as a preliminary step towards the final exams. (f) Engaging in self-reflection to assess accomplishments and areas requiring growth, and formulating objectives for the upcoming year. |

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How Can Students Maximize the Effectiveness of a Year-long Planner?

- 1) Students can **modify** the planner based on the school's academic calendar, holidays, and personal obligations.
- 2) It is advisable to **adhere** to the timetable as closely as feasible, while yet being adaptable as necessary.
- 3) It is important to **evaluate** the progress and make any required modifications to the plan.
- 4) Maintain a **harmonious** equilibrium among academics, extracurricular activities, and leisure.
- 5) It is advisable to **decompose** objectives into smaller milestones to monitor progress over the course of the year.

Strategies for Effectively Managing WEAK Subjects

To enhance performance in areas of weakness, it is necessary to employ a blend of unwavering diligence, astute tactics, and a constructive mindset.

Here are the straightforward steps/tips:

- 1) Determine the **areas of weakness**: Students and parents should make an effort to pinpoint particular subjects or concepts within any course that pose difficulties.
- 2) Dedicate **additional time** to areas of weakness in the study schedule.
- 3) Commence studying weak subjects/topics **at the earliest** opportunity. Eliminate the habit of delaying or postponing tasks.
- 4) Utilize **one or two reputable** internet resources, such as **YouTube or videos** from well-regarded coaching centres or tutors, to gain a comprehensive understanding of challenging subjects. If necessary, view the content 2-3 times in order to comprehensively grasp the subjects and concepts.
- 5) Note down the doubts, related to the topic and get **assistance** from a parent, class teacher, classmate, home tutor, or utilize online resources such as Google to clarify it.
- 6) Attempt to establish **connections** between abstract concepts and concrete real-life instances in order to facilitate comprehension.
- 7) Maintain a **dedicated notebook** for subjects or topics in which you struggle, and make a habit of recording your understanding of the concepts in order to review them later.

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- 8) Whenever feasible, **employ visual learning strategies** such as diagrams, mind maps, and flowcharts to visually represent intricate topics for enhanced comprehension and easier retention/review.
- 9) **Explaining** the things that you have understood to someone else helps strengthen your understanding.
- 10) **Regularly** practice challenging problems and questions in subjects such as Mathematics, Science, Statistics, and Accounts.
- 11) Endeavor to undertake **timed assessments** in areas of weakness, either through traditional means or over the internet, in order to enhance both swiftness and precision.
- 12) After completing the timed tests, **prioritize reviewing** (a) incorrectly answered questions, (b) skipped questions, and (c) successfully completed questions that took an unusually long time to finish.

Keep distinct notebooks for the same purpose as stated in Point No. 7 above.

- 13) Enhance your **speed and accuracy** by practicing with past years' questions or challenging questions offered by the school.
- 14) Parents should actively participate in this process to offer **psychological assistance** to their children by maintaining open lines of contact with both their children and their teachers.
- 15) **To Keep in Mind:** Both parents and students must understand that development in weak subjects/topics may take time, but with effort and the correct approach, long-term success can be achieved.

Strategies for Syllabus Management in School & Coaching Center

Students in India sometimes have the challenge of managing both their school syllabus and the syllabus of their coaching center. This becomes particularly difficult when they are preparing for entrance exams such as JEE, NEET, CLAT, IAT, CUET, NATA, SAT, and others.

Here are practical suggestions for effectively managing both:

- 1) Schedule dedicated **time intervals** to consistently cover both syllabi.
- 2) **Prioritize** tasks of utmost importance.
- 3) Determine **shared subjects** between the school curriculum and coaching syllabus and study those subjects concurrently to optimize time efficiency.
- 4) Allocate **weekends** to diligently reviewing both the school curriculum and coaching syllabus.
- 5) **Weekends** can be utilized to tackle challenging subjects or engage in extra practice.
- 6) **During school holidays**, devise a concentrated study schedule that enables you to encompass a greater portion of the curriculum from both school and coaching, particularly if exams are imminent.

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- 7) **Regularly review** and reinforce the knowledge acquired at school and coaching sessions on a daily basis. Just **30 minutes of review** can have a substantial impact on the retention of information.
- 8) Allocate **dedicated time on weekends** to review all the material you have learned throughout the week from both syllabi. This enhances your acquisition of knowledge and facilitates its long-term retention.
- 9) To prepare for competitive/entrance/board exams like as JEE, NEET, Olympiads, CUET, CLAT, it is advisable to **solve previous years' question papers** and practice tests. This practice can be beneficial for both coaching and school tests, particularly for the Subjects such as Mathematics & Science.
- 10) Practising with time constraints helps enhance your **time management skills** during tests and pinpoint areas that need improvement.
- 11) Maintain **constant communication** with your school teachers and coaching faculties. They possess the ability to offer helpful guidance about the prioritization of topics and the efficient management of time.
- 12) Always do your best to meet your tasks that involve **clearing doubts**. To prevent accumulation, instantly seek clarification from your teachers or coaching instructors.
- 13) **Adequate nutrition** and ample rest are crucial for sustaining concentration and vitality. Refrain from compromising your **sleep** in order to study more, as it can have a negative impact on your performance.
- 14) Participate in **low-intensity physical exercises** such as yoga or taking a little stroll to rejuvenate your body and mind.
- 15) To alleviate the stress of juggling both syllabi, employ **relaxation techniques** like as deep breathing or meditation to maintain a state of calmness and concentration.
- 16) Maintain an **optimistic mindset** and have confidence in your capacity to properly handle both academic and coaching responsibilities.

Participating in Olympiads & Benefits

Engaging in Olympiads offers **numerous advantages**, and it is crucial to select the most suitable ones.

Olympiad examinations in India offer students an opportunity to demonstrate their abilities and receive acknowledgment at **School, National & International levels for 1st to 12th Grades**.

Engaging in these examinations not only improves academic abilities but also cultivates **a sense of competition**, analytical thinking, and a more profound comprehension of many disciplines. Through smart preparation and unwavering consistency, students can achieve exceptional performance in both academic studies and Olympiad contests.

These examinations **facilitate the enhancement of students'** comprehension of concepts, logical reasoning, and ability to solve problems in a wide **range of subjects** including Science, Mathematics, English, General Knowledge, Commerce, Social Studies, Computer Science, Drawing, Physics, Chemistry, Biology, Astronomy, Languages, Biotechnology, Space Science, and Coding.

Parents and students should carefully select particular Olympiads that will contribute to achieving immediate and long-term objectives.

Advantages of Participating in Olympiads in the Short and Long Term

- 1) Facilitates the **acquisition** of recognition, scholarships, and the development of one's profile.
- 2) Promotes **continuous learning** throughout one's life.
- 3) Improves **opportunities for** education, higher education, and professional advancement.
- 4) Enhances comprehension of abstract **concepts**.
- 5) **Improves** cognitive abilities related to problem-solving.
- 6) Enhances **scholastic** achievement.
- 7) Enhances proficiency in managing **time** effectively.
- 8) Promotes a **positive atmosphere** of rivalry and competition for overall well-being.
- 9) Enhances **self-assurance**.
- 10) Offers an opportunity to **explore complex** subjects.
- 11) Offers **worldwide** exposure in International Olympiads.

SELECTING APPROPRIATE ENTRANCE EXAMINATIONS FOR STUDENTS IN THE 12TH GRADE

Many parents and students often make the **error of** either selecting the incorrect Entrance Exams or depending solely on a limited number of Entrance Exams. Here are some criteria to consider while selecting the appropriate set of Entrance Exams, regardless of the students' academic disciplines:

- 1) The initial stage involves students **evaluating** their career interests, strengths, and passions. Regardless of their inclination towards engineering, medical, law, design, management, or other disciplines, individuals should choose entry examinations that are in keeping with their professional objectives.
- 2) Conducting **research** on colleges and their branches in order to narrow down a list of at least 10 alternatives, with the goal of selecting the most appropriate one, taking into consideration numerous factors.
- 3) Researching **national and state-level entrance tests** pertaining to certain fields such as Engineering, Medicine, Law, Management, Design, Architecture, Humanities/Social Sciences.
- 4) Assessing the **eligibility criteria**, including the minimum grades required in the 12th Grade, certain subject combinations, and age limit.

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- 5) When evaluating the exams and planning for preparation, it is important to take into account the varying **levels of difficulty** and the techniques required.
- 6) **Staying updated** on Exam Dates and changes by subscribing to relevant education portals to receive timely information.
- 7) Assessing the **structure and content** of exams and curriculum. It is imperative for students to comprehend the examination format (including the quantity and nature of questions, as well as the presence of negative marking) for every entrance examination. This aids in customizing the approach to preparation.
- 8) Evaluating **financial responsibilities**. Certain admission examinations include exorbitant application fees. Parents and children should take into account the cost implications while applying for several exams. Certain examinations provide **scholarships or prospects for financial assistance**. Parents should thoroughly investigate these alternatives, particularly if they have financial constraints.
- 9) Seeking **counsel** from career coaches, teachers, or senior students can provide valuable information on selecting and preparing for admission examinations.
- 10) Possessing a range of **available choices**. It is prudent to contemplate taking multiple entrance examinations (between 5 and 7) to maintain a wide range of choices. This feature will allow students and parents to select the most appropriate option from a range of choices, **considering factors such as,**
 - (a) performance in entrance exams
 - (b) preferred university/college/institute
 - (c) available programs/courses,
 - (d) high-demand or preferred stream/branch/twinning program
 - (e) preferred state/location within India.
 - (f) NIRF Ranking / Accreditation / Reputation
 - (g) Infrastructure/Well-equipped Labs
 - (h) Resourceful Faculties: The expertise and capabilities of the teaching staff
 - (i) Research & Development Projects
 - (j) Choice Based Curriculum/Major & Minor Subjects
 - (k) Placement Records during the last 3-Years
 - (l) Hostel Accommodations
 - (m) Tuition Fees and Additional Costs & Affordability

How can Students determine the recommended Books for studies?

School teachers, coaching center faculty, home tutors, and senior students are the **most effective sources** for obtaining recommendations for books.

Avoid conducting an online search to identify the references and recommended books, as the internet is inundated with information and a variety of viewpoints. **Even books of inferior quality** are available for purchase online.

Here are a few illustrative examples of the most reputable book publishers and authors for school students (from 1st to 12th standards) and entrance exams:

(1) NCERT (2) Arihant (3) Oxford University Press (4) Tata McGraw Hill (5) RD Sharma/RS Aggarwal for Maths (6) S Chand Publications (7) MTG (8) Oswaal (9) Disha (10) Pearson (11) MacMillan (12) National Book Trust, India (sells Vedic Mathematics Book also apart from 100s of other useful books) (13) Wonder House (14) Navneet (15) LearnX (for Entrance Exams) & (16) Coaching Center's Materials which Parents / Students can buy even online by joining Distance Learning Program.

It is **recommended** to purchase a certain quantity of reference and practice books. Only after thoroughly finishing the practice books should more books be acquired for further practice.

The majority of parents and children fail to properly utilize the books they purchase, resulting in the wastage of hard-earned money. Optimal utilization of any book is achieved when it is used to its full capacity, reaching **100% utilization**.

20 Techniques Used by Top Scorers on Admission Tests and in Schools

Top Rankers:

- (1) Maximize the utilization of the **academic year-end holidays** for the upcoming year by proactively studying challenging courses such as Mathematics and science in advance, prior to the reopening of school.
- (2) Commence studying the chapters **before** the teacher's commencement in the classroom.
- (3) Prior to commencing each chapter, make full **use of the Internet/YouTube** to have a comprehensive understanding of its content.
- (4) Concentrate on the lesson and make written notes **in the classroom**.
- (5) Thoroughly study, comprehend, and review the chapters **on the same day** they are taught, and to create concise notes as a form of preparation.
- (6) **Prioritize** challenging and intricate questions, dedicating ample time to finding solutions. Utilize resources such as the internet, parents, professors, peers, and self-study to aid in this process.
- (7) Establish **explicit academic objectives**, such as attaining a specified percentage in board examinations or getting a high position in entrance examinations.
- (8) Develop a meticulously **organized schedule** that effectively allocates time for school, coaching, self-study, and breaks. This guarantees comprehensive coverage of all areas and themes in a systematic manner.
- (9) Ensure comprehensive coverage of the full course far **in advance** of the tests. They make a conscious effort to **ensure that they do not leave** any topics unfinished or procrastinate until the last minute.

- (10) Identify and **prioritize areas of weakness or subjects** that require additional attention, allocating extra time to comprehensively grasp and practice them until a sense of confidence is achieved.
- (11) Engage in **consistent and frequent practice** and problem-solving activities on a daily basis, particularly for mathematics, physics, and chemistry subjects.
- (12) **Regularly review** to strengthen understanding and avoid memory loss. This entails examining notes, synopses, and essential equations. Prior to exams, pupils participate in intensive study sessions, focusing on crucial subjects and addressing top-priority problems.
- (13) Utilize study **materials of superior quality** and refrain from overwhelming their preparation with an excessive number of books, instead concentrating on a select few dependable sources.
- (14) **Regularly monitor** their **progress**. They assess their performance in tests, pinpoint areas for enhancement, and adapt their study schedule accordingly.
- (15) Efficiently **cope with stress** by employing relaxation strategies such as meditation, deep breathing, or engaging in hobbies. To prevent burnout, they mitigate the risk by incorporating frequent, brief intervals of rest throughout their study sessions.
- (16) Reduce distractions by **restricting their use of social media**, minimizing needless social interactions, and establishing a study environment that is conducive to learning.
- (17) Actively **seek help** from educators, career coaches, or coaching instructors whenever they face challenges and participate in meaningful discussions with fellow students who share similar interests in the classroom or coaching center.
- (18) **Maintain self-assurance** in their capabilities and have faith in their prior preparation. They possess self-belief and maintain a positive outlook, even in the face of adversity. They possess a remarkable ability to bounce back and persevere, refusing to be disheartened by obstacles or disappointments. Conversely, they acquire knowledge from their errors and continuously enhance their abilities.
- (19) During exams, they employ **efficient time management techniques** by prioritizing questions according to their difficulty level and ensuring that they attempt all portions. They remain composed and refrain from panicking, and concentrate on methodically solving the problem.

(20) Primarily, they possess a strong internal drive and unwavering commitment towards achieving their professional aspirations.

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This Study Planner offers a practical framework for turning ambition into consistent academic progress. It combines measurable goals, time-bound milestones, flexible routines, year-long planning, subject improvement, syllabus coordination, Olympiads, entrance-exam selection, reliable books, and proven habits of high-performing students.

- India sees approximately **2.50 crore+ Class 12 graduates annually, while only 1-2%** enter reputed institutions, highlighting disciplined planning's importance.
- **Set SMART goals:** improve Mathematics from 80% to 90%, practise 10 formulae daily, and attend one additional session weekly.
- **Divide objectives** into weekly, monthly, semester, and annual milestones, assigning specific deadlines to chapters, assignments, revision, and examinations.
- **Begin with achievable targets**, such as memorising one multiplication table daily for 20 days, then gradually increase complexity and expectations.
- **Use 35–45-minute study blocks followed by 5–10-minute breaks** to protect concentration, productivity, and mental energy.
- **Maintain 7–9 hours of sleep**, regular meals, physical activity, relaxation, and recreation alongside academic responsibilities to prevent exhaustion.
- **A sample weekday routine includes** school from 7:30 a.m.–4:30 p.m., activity from 5:30–6:30 p.m., and study until 10:00 p.m.
- **On weekends**, schedule three study sessions: difficult topics, assignments, and revision with previous papers, practice questions, and short notes.
- **During April–June**, combine 3–4 hours of relaxation with reading, skill-building, summer camps, and preparation for the next academic year.
- **Review progress every few weeks**, modify schedules around holidays and obligations, and balance academics, extracurricular activities, leisure, and personal development.
- **Identify weak concepts early**, allocate additional study time, use one or two trusted resources, and revisit difficult explanations 2–3 times.
- **After timed tests**, analyse incorrect, skipped, and unusually time-consuming questions; maintain dedicated notebooks for doubts, corrections, diagrams, and revision.
- **Coordinate school and coaching syllabuses** through daily 30-minute reviews, weekend consolidation, shared-topic study, doubt resolution, and timed previous-year papers.
- **Select 7–9 suitable entrance examinations** after comparing interests, eligibility, syllabus, difficulty, dates, costs, colleges, branches, placements, fees, and locations.
- **Prefer teacher-recommended books** from dependable publishers, complete existing practice material fully before purchasing more, and avoid unnecessary expenditure on excessive resources.

A successful planner is not rigid; it evolves with changing academic demands, strengths, weaknesses, health, and aspirations. Small daily actions, reviewed regularly, build confidence and long-term achievement. Students should seek timely guidance, practise consistently, learn from mistakes, and protect wellbeing while pursuing ambitious but realistic goals.

EduJob360 warmly wishes every student courage, curiosity, discipline, excellent results, and a fulfilling career journey. May your thoughtful preparation, sustained effort, and positive mindset open doors to meaningful opportunities and lasting success.

